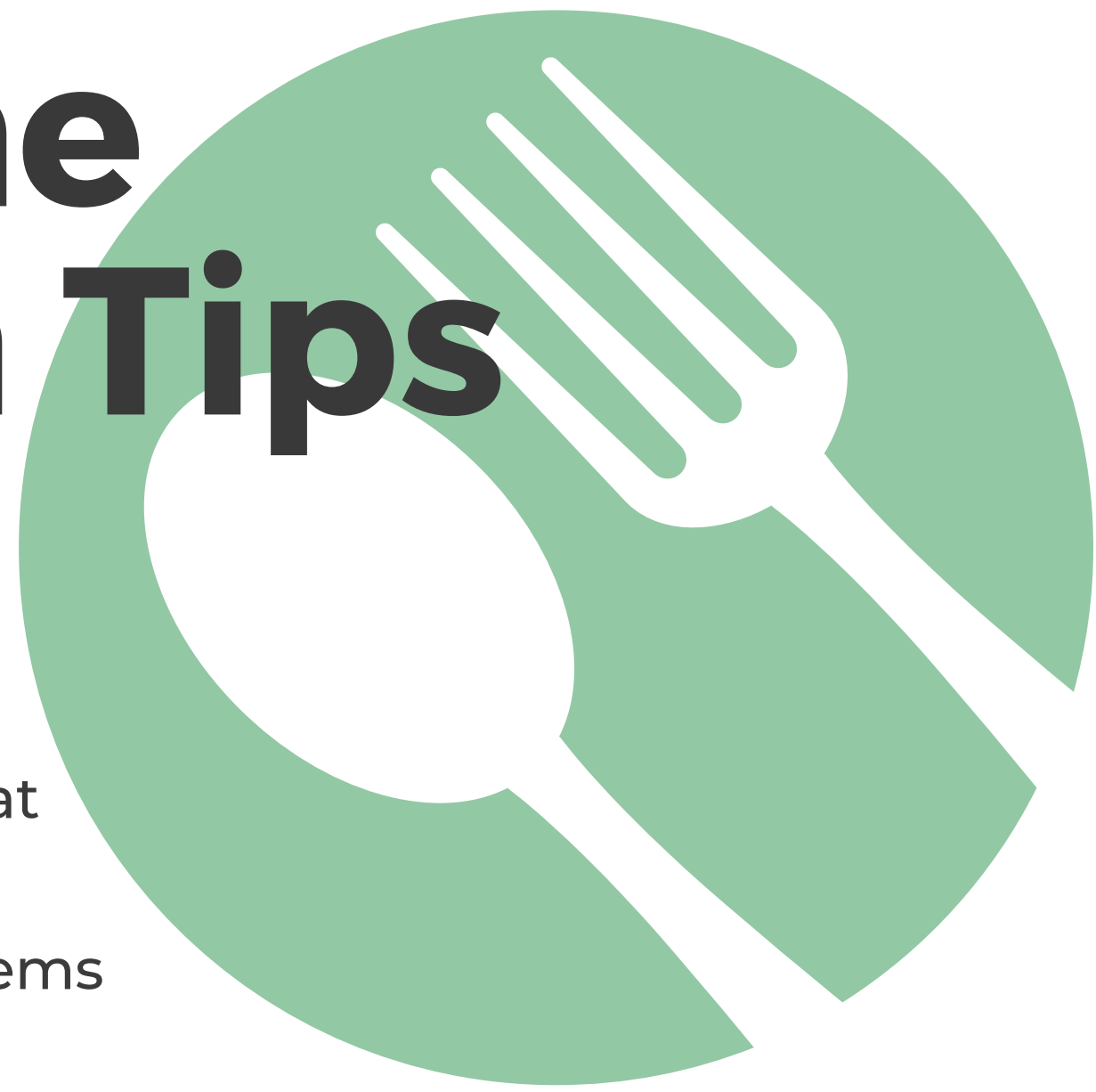


Holiday Meal Time Waste Reduction Tips



1) Plan your shopping

Take a moment to plan your shopping list; only buying what you know you'll use.

This is especially important when purchasing perishable items like produce, dairy, and meat.

2) Skip paper or plastic disposables

Ditch disposable, and go for reusable cutlery, dishware, and napkins. They are better for the environment, and reduce your trash load for the holiday week.

3) Take only what you'll eat

During holiday meals, be mindful of your serving size. Give yourself, or ask for, small portions. You can always go back for more!

4) Don't throw away food

Eat what you can first, and compost second.

If you have a lot of extra food, pack doggy bags for your guests and/or freeze extra food.

Compost food scraps like potato peels, eggshells, and bones. If you receive curbside trash, recycling, and organics collection services from the City, you can compost at the curb.

5) Recycle cooking oil, corks, and glass

Frying food? Recycle the oil. Place it in a sealed plastic bottle, label it 'vegetable oil,' and drop it off in the Oil Recycling Shed at the East Side Recycling Center, 2401 Scott Blvd. SE, or at the Iowa City Landfill and Recycling Center, 3900 Hebl Ave. SW.

Glass is accepted at East Side, the landfill, and the South Riverside Recycling Center.

Wine corks can be recycled at the East Side Recycling Center in the designated bin in the Oil Recycling Shed.

Sign up to receive curbside service notices at icgov.org/subscribe.

319-887-6110
icgov.org/recycle



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