

### Monday, March 25

8:00	AARP Tax Aide	209
8:30	Dance Fusion	G13
9:00	Mah Jongg	MEZZ
9:00	Post Horns	205
9:00	SHIIP - Bob	G02
9:00	Sports Forum	AR
9:25	Chair Strength	G13
9:30	Gentle Yoga	103
9:30	Watercolor Landscape Workshop	211
9:30	21st Century Contemporary Poetry	208
10:00	Chair Dance	G13
10:00	The Great Theologians	202
11:00	Fitness Room Orientations	G08
11:00	SCTV Meeting	206
11:00	Spanish Conv Club	205
12:00	Joseph	103
1:00	Debbie K	103
1:00	Hand & Foot	205
1:00	Mixed Media Open Studio	G07
1:00	Pinochle	MEZZ
1:00	Tap Cats	G13
1:00	The Great Theologians	202
1:30	Lyrics Alive	AR
2:00	Friends of the Performing Arts	208
2:00	Keep Us in Stitches	211
2:00	Taoist Tai Chi ®	G13
3:00	ACP - Pat	M02
3:15	Taoist Tai Chi ® Set Class	G13
3:30	Computer Comfort	AR
4:00	ACP - Pat	M02
5:30	Linn Street Band	AR
6:30	Barbara Schlachter Memorial Lecture Series:	202

### Tuesday, March 26

8:00	AARP Tax Aide	209
8:15	Iowa City New Horizons Band	AR, 103, 202, 205, 211
8:30	Fit 4 Life	G13
9:30	Fit 4 Life	G13
9:30	Iowa City New Horizons Band	AR
9:45	Watercolor Portrait and Figure Painting	211
10:00	Advanced Mac Computer	205
10:00	English Language Conversation Class	208
10:00	You Can Draw	G07
10:30	BeMoved Dance®	G13
10:30	Slow Flow Yoga	103
11:00	ACP - Martha	M02
11:00	Making the Most of Your iPad or iPhone	205
11:00	Voices of Experience	202
12:00	Joseph	103
12:00	Ulysses	M02
1:00	Art Cafe	G07
1:00	SHIIP - Roger	G02
1:00	The American West	208
2:00	Reading Spanish Texts in Spanish	M02
2:00	Tuesday Tai Chi Practice Session	G13
2:15	Yoga with Props	103
3:00	Fitness Room Orientations	G08
3:30	Chair Yoga	103
3:45	Introduction to Paleontology	202
5:30	T'ai Chi Open Practice	G13
6:30	Play Duplicate Bridge	202
7:00	Tango Club Practica	AR

### Wednesday, March 27

8:00	AARP Tax Aide	209
8:00	Quilting	211
8:30	Dance Fusion Basic	G13
8:30	Retired School Personnel	AR
8:30	Trailblazers	City Park
9:00	Mah Jongg	MEZZ
9:00	OPOB	205
9:25	Chair Strength	G13
9:30	2-D or not 2-D Painting	G07
9:30	Gentle Yoga	103
9:30	The Great Trials of World History	202
10:00	Chair Dance	G13
10:00	Intermediate to Advanced Spanish Club	208
10:00	Legal Counseling	M02
11:00	Yang Style Tai Chi Chuan	G13
12:00	2-D or not 2-D Painting	G07
12:00	Joseph	103
12:00	TRAIL Communications Meeting	M02
12:45	Moving with Parkinson's	G13
1:00	Ancient Civilizations of North America	202
1:00	Artists' Wednesday Studio Group	211
1:00	SHIIP - Gary	G02
1:30	SSRO	205
2:00	Taoist Tai Chi ®	G13
3:15	Taoist Tai Chi ® Set Class	G13
3:30	Learning Spanish	202
4:00	The Pomtastiks!	AR
6:00	DanceAbility	103
6:00	Chess Club	211
6:00	Life Flow Yoga	G13
6:30	Salsa Practice	AR

### Thursday, March 28

8:00	AARP Tax Aide	209
8:15	Iowa City New Horizons Band	AR, 103, 202, 205, 211
8:30	Fit 4 Life Session 1	G13
9:00	Admin Meeting	M02
9:00	SHIIP - Marilyn	G02
9:30	Fit 4 Life Session 2	G13
9:30	Iowa City New Horizons Band	AR
9:45	Slow Flow Yoga	103
10:00	Poetry in America	208
10:30	Beginning Tap Dance	G13
11:00	ACP - Martha	M02
11:00	Basic Yoga	103
11:00	Tour of Senior Center - Mara	Lobby
11:00	Voices of Experience	202
11:35	Beginning-Intermediate Tap Dance	G13
12:00	Meditation	103
1:00	Aging in Place	202
1:00	Cooking Around the World	208
1:00	Debbie K	103
1:00	Kolaimni Treatment	211
2:00	Gerry	AR
2:00	Pomtastiks!	103
2:00	Qigong	G13
2:00	Reading Aloud	205
2:00	Scrabble Club	MEZZ
5:30	T'ai Chi Open Practice	G13
6:00	Welcome to Medicare	202
7:00	Travelogues with Patrick Nefzger	208

### Friday, March 29

8:00	Quilting	211
9:00	Mah Jongg	MEZZ
9:00	SHIIP - Harry	G02
9:00	Sing and Play the Ukulele	AR
9:00	Tempered Brass	202
9:00	Wii Bowling	103
9:30	Write Your Life Story	208
10:00	Spanish for Beginners 1	205
10:00	The Friendship Community Project	G07
10:15	BeMoved Dance® Friday	G13
11:00	Spanish for Beginners 2	205
12:00	Joseph	103
12:30	Core Dancing	G13
12:30	Hand & Foot Card Game	MEZZ
12:30	Tech Help Drop-in Hours	206
1:00	Afternoon Quilting Group	211
1:00	Classic Film Fridays/Aging in Film Club: Million Dollar Baby	AR
1:00	Drawing your Memories	G07
1:00	Senior College	202
1:00	TRAIL	M02
1:30	Write Your Life Story	208
2:00	Renato	103
2:00	What Your Teacher Never Told You	205
3:00	Bone Builders	G13
3:00	Fitness Room Orientations	G08
3:30	Learning Spanish	202

### Saturday, March 30

8:30	Saturday Morning Yoga	G13
9:30	50+ Singles Group	Midtown
9:35	Dance Fusion Basic Saturday Session	AR
2:00	Joseph	G13

### Sunday, March 31

11:00	Yang Style Tai Chi Chuan	G13
12:45	Moving with Parkinson's	G13
1:00	Advanced Chinese Ink Painting Workshop	G07
2:00	Family Folk Machine	AR, 202, 205
2:00	Joseph	G13

#### Schedule Key

- Free
- Open to the Public
- One-Time Event